



Recognise RED

Recognise , Engage, Discuss

1

Recognise the signs of harassment.

Physical: groping, pulling, unwanted dancing, aggressive pressure, force.

Non-Physical: inappropriate comments, jokes, the pressure to act in a certain way.

WAS IT
UNWELCOMED
BEHAVIOUR?



2

Engage with the 'harrasser'.

Tell them that you do not feel comfortable. Ask them to stop what they are doing. Alternatively, engage with a bystander, if it is safe to do so, for example, start a conversation about the weather, or a movie you have seen.

3

Discuss the term 'harassment'.

What does 'harassment' mean to you? Educate yourself. Discuss what you think the implications of harassment are with your friends.

If you have been harassed, speak out after the event, to friends, family or a professional service.

Sexual harassment is

UNWANTED CONDUCT

that ... violates the dignity of an individual or creates an intimidating, hostile, degrading, humiliating or offensive environment



Contact Numbers

RiD Desk: if you want to anonymously tell us your experiences of microaggressions, abuse, and harm.

Nightline: 07786209309

Estate Patrol: 01392723999

112: If you would like to report a crime but you are not in immediate danger.

999: if your life is in danger.

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